

**The 2008 Jubilee Diamond Delusional (Erratic) Archboulder  
goes to Prof. Dr. Stanislav Grof, M.D., Ph.D.**

The Committee for Awarding Delusional Boulders of the Czech Club of Skeptics Sisyphus announces that in the category of individuals the Jubilee Diamond Delusional Archboulder goes to

**Prof. Dr. Stanislav Grof, M.D., Ph.D.**

For inducing states of holotropic consciousness that breaks the bonds of space-time and makes it possible to get whenever and wherever.

Stanislav Grof (\*1931), a native of Prague, graduated from the Medical Faculty of Charles University School of Medicine and became a famous psychiatrist. Since 1967, he lives, practices, and conducts research in the USA. Already in Prague he tasted the hallucinogenic drug LSD and had a mystical experience. After this first excursion into the unconscious, he realized that consciousness is not a function of the brain and that the professors of Charles University misinformed and misled him.

In USA he could not continue the research of the effects of LSD because of the prohibition of experimentation with psychedelics. However, he managed to pursue his direction of psychotherapy and research, having substituted hyperventilation for the forbidden substances. Accelerated breathing leads to increased oxidation of the blood, changes in the brain, and hallucinatory experiences, for which our laureate offers a new, spiritual interpretation. He attributes the status of reality to the reports of his doped patients: their consciousness becomes “holotropic” – it can detach from the

body and project into places remote in time and space, even to past lives. In this way it is possible to obtain new objective information about the life of animals and plants, or about various historical events. Prof. Grof also assures us about the reality of such phenomena as bending of spoons by mental force, bloodless Filipino operations, clairvoyance, telepathy, and others. These are revolutionary observations, involving many disciplines, from pedagogic to melting of metals under normal temperature.

Prof. Grof found significant support in the circles of the New Age movement. He is the founder of a new scientific discipline, transpersonal psychology, and in 1968 he founded jointly with psychologist Abraham Maslow and others the Association for Transpersonal Psychology. His research thus reached an international character. Together with his wife Christina, he developed courses of “Holotropic Breathwork,” which are being offered by Grof’s “initiates” in various countries, including his motherland. Prof. Grof has become famous in this country because of his articles, books, and seminars.

Club Sisyphos appreciated Grof’s merits seven years ago when it awarded him with the Delusional Boulder for the year 2000. It is true, it was only the bronze variety, but we correctly assumed that a more modest award would serve as an incentive for him – and we were right. More information about how the professor continued can be found in the book *New Perspectives in Psychiatry and Psychology* that was published last year and immediately translated into Czech. Now he can communicate with animals, has experienced a number of his previous incarnations, was a Buddhist, an Australian Aborigine, and even a woman. In one of his past lives he lived in

ancient Egypt as a priest of Isis and Osiris. He writes: “I am aware that to a great extent what I am doing today is a rediscovery and modern reformulation of the principles that I knew and practiced in the Egyptian life.” It is a pity that he has not written it in Egyptian language.

The year 2007 became a stellar year for Prof. Grof when the Committee of the Foundation of Dagmar and Vaclav Havel granted him the prestigious award VISION 97. Here is an excerpt from the statute of the mentioned award:

“Since the year 1999, the Dagmar and Vaclav Havel Foundation Vision 97 has been giving in congruence with its mission its international award to prominent thinkers who with their work transcend the traditional frame of scientific knowledge, contribute to the understanding of science as an integral part of the culture at large, explore in unconventional ways the basic questions of epistemology, ontology, and human existence. By granting annually its award, the Foundation makes it possible for the Czech public to meet pioneers of interesting streams of contemporary scientific thinking and get acquainted with their work.

Prof. Grof was selected by a jury of VISION 97, in which beside the founders participated also prominent experts doc. RNDr. Jiří Fiala, doc. Ing. Ivan M. Havel, Ph.D., prof. PhDr. Josef Jařab, Jaroslav Kořán, prof. RNDr. et PhDr. Zdeněk Neubauer, prof. RNDr. Bedřich Velický, DrSc. a prof. RNDr. Petr Vopěnka, DrSc. It is not known if the members of the jury did Holotropic Breathwork before they made this decision.

**The astonished Sisyphos cannot stand aside. It makes an exception  
and honors our countryman the second time!**